

RECOVERY HAVEN KERRY NEWSLETTER

November 2023 - Edition #2



KERRY DESIGNERS TO THE FORE FOR FASHION SHOWCASE

Already being billed as the fashion highlight of 2024 in Kerry, we are delighted to announce details of our Designer Fashion Showcase event taking place in the Gleneagle INEC Arena on February 1st 2024.

The date – St Brigid's Day – is particularly poignant for those involved, with the show set to incorporate the extraordinary Irish saint and mark her 1500th anniversary.

Renowned fashion designer Colin Horgan will be the star attraction of the event, showcasing a number of pieces from his new collection, while beloved Ballyheigue designer Don O'Neill – the charity's newly appointed Patron – will showcase a select few pieces from his fashion archive.

The event will be MC'd by legendary RTE broadcaster, Mary Kennedy, who will also facilitate an exclusive Q&A session with both designers, who will chat about their amazing careers and no doubt enthral the audience with stories of starting their respective fashion journeys from humble beginnings in North Kerry, to dressing some of the world's most famous faces.

Event producer, Norma O'Donoghue, has also secured some of the country's top designers to feature in the event, while some of Kerry's leading boutiques will also be showcasing their SS2024 collections on the night.

Renowned social media influencer Helen Murphy, aka daily_diviadiary, will be a special guest on the evening and has been given the unenviable task of choosing the best dressed lady – with a fantastic prize package worth hundreds of euro up for grabs for the winner.

Kicking off with a Prosecco and wine reception at 7pm, other highlights of the evening will include special guest entertainment before and during the show – including the stunning O'Neill sisters – a bumper raffle with more great prizes on offer and an after-party at the Gleneagle's Backstage Bar.

Tickets are priced at €30 and are available now from Recovery Haven, the INEC and on Eventbrite – and would make the ideal Christmas gift for fashionistas everywhere.

And for those wishing to attend as a group, a selection of group discount offers are available, by contacting Recovery Haven directly.

Management at The Gleneagle Hotel, meanwhile, are offering a discounted overnight package for the event, priced at €125 per room B&B (quote Recovery Haven).



Kerry fashion designers, Colin Horgan and Don O'Neill, were at the INEC Killarney on Thursday last to launch next year's Designer Fashion Showcase. PHOTOS: Valerie O'Sullivan



RIGHT: Joining Kerry fashion designers, Colin and Don at the INEC Killarney for Thursday's fashion show launch were Marisa Reidy, Cáit Uí Chonchuir, Gemma Fort (RHK), show producer Norma O'Donoghue and her model showcasing one of Colin's designs, John Breen (RHK) and Fiona O'Connor, Gleneagle INEC Arena

RECORD DONATIONS FOR ANNUAL STREET COLLECTIONS

We are absolutely blown away by the response to our annual street collections this year, with record donations being made across the county.

Once again we are indebted to the people of Kerry who gave so generously this year during collections in Listowel, Killorglin, Tralee, Killarney and Dingle.

In total, a record €19,268 was raised across Kerry – a glowing testament to the esteem in which our charity is held, and a credit to the people of Kerry who continue to overwhelm us with your kindness, support and goodwill.

Of course, none of this would have been possible without our wonderful team of staff and volunteers on the ground who gave of their time to help us in each town. And a special thank you too to our new volunteers who came on board this year for the first time. We are so grateful to you all and so touched by your kindness and support.



... And some more who gave up their time in Killarney



Just a handful of our collectors out and about in Tralee

RECOVERY HAVEN CELEBRATES SUCCESS OF BBC RESEARCH



The event took place with the Minister for Education Norma Foley TD in attendance, along with Professor Risteard O'Laoide and Louise Mullen from the National Cancer Control Programme, Chief Officer of the HSE Cork Kerry Community Healthcare Tess O'Donovan, Michael Moriarty, General Manager, Primary Care Manager in Kerry, the MTU Research Team, Marian Barnes, Honorary President of Recovery Haven and Ms. Orla Keenan, participant as well as Board members and staff of Recovery Haven.

On November 3rd, Recovery Haven Kerry and Munster Technological University launched the findings of their collaborative research project which was aimed at evaluating the effectiveness of Recovery Haven's Building Better Caregivers (BBC) Self-Management Programme for carers of those with cancer in Ireland.

The programme recognised the isolation and distress of carers due to the Pandemic, and Recovery Haven Kerry set about adapting it for use specifically with family members of those with cancer in Ireland. The purpose of the research was to evaluate how effective BBC is and if any changes were required to customise it for use in Ireland. The MTU research team comprised of Dr. Gerardina Hartnett, Dr. Michael Hall, Dr. Dominika Lisiecka and Ciara O'Sullivan, who worked with Siobhán McSweeney and Noreen O'Flaherty from Recovery Haven to carry out the research which was funded by the National Cancer Control Programme (NCCP).

The research findings concluded that the BBC is very helpful and relevant in an Irish setting. It provides an opportunity for participants to meet other people in a similar caring role, which was seen as very important in terms of support and feeling less alone. Participants had greater awareness of what they could do for themselves to help them in their caring role.

Recovery Haven Kerry will be providing its Building Better Caregivers Programme online again in the New Year. For further information please contact reception@recoveryhavenkerry.com or ring 066 7192122.

🎄 Noonans and Purcells Light Up their homes in aid of RHK 🎄



If you can at all, be sure to pop along to Noonans in Templeglantine and Purcells in Killorglin to support their incredible Christmas Lights Displays. Both families have been tremendous supporters of RHK over the years



TIER 2 FOR ROKCC 2024



WE WERE DELIGHTED TO BE INVITED TO THIS YEAR'S RING OF KERRY CHARITY CYCLE PRESENTATION NIGHT IN KILLARNEY EARLIER THIS MONTH, WHERE WE RECEIVED A CHEQUE FOR €8,000 AND RECEIVED THE WONDERFUL NEWS THAT WE HAVE BEEN CHOSEN AS A TIER 2 BENEFICIARY FOR THE 2024 EVENT. REGISTRATION DETAILS ARE COMING SOON....SO SPREAD THE WORD - AND GET TRAINING!!!



CARRRAUNTOOHIL CLIMB

A MASSIVE THANK YOU TO THE GANG FROM Ó RIADA'S BAR IN BALLYMAC WHO CLIMED CARRAUNTOOHIL IN LATE OCTOBER IN AID OF RECOVERY HAVEN KERRY. WE ARE INDEBTED TO YOU ALL - THANK YOU!

RAZOR SHARP AT THE HALFWAY INN



ONCE AGAIN THE MEN OF BALLYMAC WERE OUT IN FORCE AT THE HALFWAY INN IN NOVEMBER FOR A 'BIG SHAVE' TO RAISE FUNDS FOR RECOVERY HAVEN. AT THE LAST COUNT THEY HAD SURPASSED €4,000!!!!!! SO WATCH THIS SPACE FOR UPDATES...

JRI AMERICA FUNDRAISING WALK & COFFEE MORNING

WE HAD SUCH A LOVELY MORNING WITH THE STAFF AND MANAGEMENT OF JRI AMERICA ON OCT 26TH WHEN THEY HELD A STAFF WALK AND COFFEE MORNING IN AID OF RECOVERY HAVEN. AN INCREDIBLE €1541 WAS RAISED ON THE DAY AND WE ARE SO TRULY GRATEFUL. A SPECIAL THANKS TO JRI SENIOR SOFTWARE DEVELOPER MARTIN GILLIN WHO ORGANISED THE EVENT TO MARK BREAST CANCER AWARENESS MONTH IN MEMORY OF HIS BELOVED WIFE, COLETTE



Marisa and Jacinta joined staff at JRI America - Kerry Technology Park - for their fundraising walk and coffee morning in October

RECOVERY HAVEN KERRY

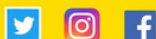
MEN'S CANCER SUPPORT GROUP



A safe space for men dealing with cancer to meet in confidence and support one another over a coffee & a chat

MEETS TWICE MONTHLY ON MONDAY NIGHTS 7PM - 9PM

066 7192122
reception@recoveryhavenkerry.com



Registered Charity No. 20073749

MARY CULLOTY O'SULLIVAN

With Love At Christmas

LISTOWEL ARMS HOTEL
WEDNESDAY 6TH DECEMBER 7:30PM

MOBILITY GENIE FARRANFORE
THURSDAY 7TH DECEMBER 7:30PM

AVENUE HOTEL KILLARNEY
WEDNESDAY 13TH DECEMBER 7:30PM

MARY'S CHRISTMAS ALBUM 'WITH LOVE AT CHRISTMAS' WILL BE AVAILABLE TO PURCHASE AT EACH VENUE

SEASONS FOR GROWTH

Living with Grief, Loss & Change

Free
8-WEEK
Course for
Adults

Are you struggling with a loss or a change in your life which is difficult or not easy to understand?

This course will help you gain understanding, knowledge & skills to help you to cope with your grief experiences

Explore the effects of grief & change in your life in a safe & respectful environment.



Starts Thursday, Jan 18th

Recovery Haven Kerry, Tralee (V92TN35)

6.30PM - 9PM

RCN20073749



Christmas cards & candles for sale

We have a beautiful selection of Christmas cards and candles on sale at No 5, Haig's Terrace right now so be sure to pop in and get yours before they are gone!

Packs of cards: €5
Candles: €3 each or 2 for €5

HAPPY BIRTHDAY MARIAN



We would like to take this opportunity to pass on our best wishes to our beloved founder and Honorary President, Marian Barnes, who celebrated a very happy special birthday recently



RECOVERY HAVEN KERRY NEWSLETTER

NOTICE
BOARD



NOW IN TRALEE!!!

Amare

wig & hair solutions

**Appointments at
Recovery Haven Kerry
Cancer Support House (V92TN35)
Every Thursday**

Michelle Waters

With well over 20 years experience in the area of hair loss, Michelle and AMARE offer a truly professional, compassionate & expert service for those going through chemotherapy and all types of hair loss.

AMARE's highly skilled professional stylist, Michelle, helps her clients to feel like they are once again in charge of their lives - giving them all the time, attention and answers that they need in a safe, welcoming environment.

For those undergoing chemotherapy, Michelle offers a complete service: from fitting and ongoing maintenance, to refreshing the volume & bounce, restyling & dedicated aftercare...

To make an appointment call Michelle on 087 3843845

Meets twice monthly on
Fridays
11am-1pm



To join or find out more phone us on: 0667192122

RECOVERY HAVEN KERRY WOMEN'S CANCER SUPPORT GROUP

A safe, friendly space for women experiencing cancer to explore personal issues & support one another



DESIGNER FASHION SHOWCASE

RECOVERY HAVEN KERRY CANCER SUPPORT HOUSE

GLENEAGLE INEC ARENA

FEBRUARY 1ST, 2024



Don O'Neill



Mary Kennedy



Colin Horgan

IN AID OF RECOVERY HAVEN KERRY - CANCER SUPPORT HOUSE

Would You Like To Become A Friend of Recovery Haven Kerry?

The Friends of Recovery scheme is offering businesses and individuals an opportunity to make Recovery Haven their charity of choice by making a weekly contribution or a one-time donation via a standing order.

The weekly contribution amount is at your discretion, but for individuals who donate a minimum of €5 per week or (€250 per annum) the Revenue Commissioners operate a charitable donation scheme which increases your donation to us by an extra €112.33. Equally if a company chooses to donate €250 or more in a year, that company can claim a tax deduction.

For more information or to get an application call 066 7192122 or visit www.recoveryhavenkerry.com

In Association with...

NORMA O'DONOGHUE MODEL AGENCY

- Prosecco & Wine Reception
- Fantastic Fashion
- Amazing Spot Prizes
- Live Guest Entertainment
- Afterparty in The Backstage Bar

Exclusive
Don & Colin in conversation with Mary Kennedy

BEST DRESSED LADY COMPETITION
Special Guest Judge
HELEN MURPHY
@daily_dividiary

TICKETS €30
On Sale Now!



TICKETS NOW AVAILABLE FROM RECOVERY HAVEN KERRY, THE GLENEAGLE INEC KILLARNEY, NORMA O'DONOGHUE MODEL AGENCY, ONLINE VIA EVENTBRITE OR SCAN THE QR CODE.

UNRESERVED SEATING DOORS OPEN 7PM

Group Discounts Available!!

To Support Our Work or Make a Donation

Account Name:
Recovery Haven Ltd

Account Number:
07684-013

Sort Code:
93-62-51

IBAN:
IE10 AIBK 9362 5107 684013

BIC:
AIBKIE2D



**RECOVERY HAVEN KERRY
CANCER SUPPORT HOUSE**
5 Haig's Terrace, Tralee, Co Kerry V92TN35



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